

Where to eat for free or cheaply in Edinburgh (last updated 10/10/2019)							
Day	Time	Address	Cost				
Monday	5.00pm-6.30pm	Grassmarket Community Project. 86 Candlemaker Row, Edinburgh EH1 2QA dinner, sit down meal 0131 225 3626	Free				
Monday	6pm - 6.30pm	World Care Foundation: Free Food for Needy. Junction of North Bridge & the Royal Mile. Vegetable Curry and rice. Start serving at 6pm until the food is all gone. 0131 524 0022	Free				
Monday, Wednesday, Thursday & Saturday	1-2pm	Bethany Care Van Lunch: 0131 561 8930. Soup, rolls and hot drinks. Lunchtimes: 12.30pm Market Street 1pm-2pm King's Stables Road, Grassmarket, the Bridges After 2pm Leith Walk (north of McDonald Road)	Free				
Every Evening	9.00pm-10:30pm	Bethany Care Van Evenings: After 9pm Waverley Bridge 9:50-10:30pm King's Stables Road, Grassmarket, the Bridges	Free			
Every day except for Thursday & Saturday	4pm	Missionaries of Charity: 18 Hopetoun Crescent. 0131 556 5444. Dinner served every day. Start serving at 4.00pm until the food is all gone.	Free				
Monday- Friday	8am - 11am	Social Bite. Breakfast Rolls & Tea/ Coffee. 131 Rose st. and 89 Sandwick Pl. 0131 220 8206	Free				
Mon, Thurs, Fri	3:30 - 4pm	Social Bite. 131 Rose St. EH2 3DT Hot meals, sandwiches & tea/coffee. Take away	Free				
Wednesday	3:30- 4pm	Social Bite. 89 Sandwick Pl. EH2 4SD Hot meals, sandwiches & tea/coffee. Take away	Free				
Monday-Friday	9am-10am & 12-12.45pm	Salvation Army: 25 Niddry Street 0131 523 1060. Breakfast and lunch available. They are open between 9.00am-1.00pm.	Breakfast 30p & Lunch £1.00				
Monday	3pm-5pm	Social Bite. Mixed Supper . Must phone and pre book in advance (0131 220 8206) for 89Sandwick Pl, EH2 4SD	Free				
Tuesday	4:00pm-5:30pm	Social Bite. Mixed Supper, 131 Rose street EH2 3DT	Free				
Wednesday	3:30pm -pm	There is free food give away for both - women and men in 89 Shandwick place at 3:30pm until the food is all gone	Free				
Wednesday	4pm-5:30pm	Social Bite: Women's Supper. 131 Rose street, EH2 3DT	Free				
Thursday Soul Food	5.30pm-7pm	St Margaret's Episcopal Church, 170 Easter Road. Excellent meal provided. Queuing is normal as very popular venue. Additional community support may be accessed through this service.	Free				
Thursday	5.30pm-6:30pm	South Leith Parish Church: 6 Henderson Street 0131 554 2578.	Free				
The last Saturday of the month	11am - 2pm	Western Hailes Baptist Church. 1 Clovenstone Park, EH14 3BG. Hot lunch, free clothing and homeware, activities 01506202617	Free				
Saturday Soul Food	5.30pm-6:30pm	St Paul's and St Georges Church, at the corner of York Place. 0131 556 1335. Dinner, main meal and dessert. Queuing is normal as very popular venue. over 16 years old only. Additional community support may be accessed through this service.	Free				
Sunday	9.00am-9.30am	South Leith Parish Church: 6 Henderson Street 0131 554 2578. Breakfast	Free				
Sunday	8.00am-9.30am	Carrubbers Christian Centre: 65 High Street 0131 556 2626. Breakfast service: rolls, pies.	Free				