

#STAYWARMSTAYSAFE

**STAY
WARM
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SAFE**

**WARNING SIGNS
OF HYPOTHERMIA
CAN INCLUDE:**

SHIVERING, COLD AND PALE SKIN,
CONFUSION, TIREDNESS,
SLURRED SPEECH,
FAST BREATHING.

TO FIND OUT MORE VISIT US
ON TWITTER AND FACEBOOK AT
#STAYWARMSTAYSAFE

PEOPLE WHO ARE HOMELESS OR ON THE
STREETS ARE MORE AT RISK OF HYPOTHERMIA.
OUR STREET TEAMS OPERATE EVERY DAY.
CALL US IF YOU ARE CONCERNED:

GLASGOW 0800 027 7466

EDINBURGH 0808 178 2323



IF SOMEONE IS UNCONSCIOUS OR UNRESPONSIVE DIAL 999