

## Where to eat for free or cheaply in Edinburgh

Day	Time	Address	Cost
Monday	5.00pm-5.30pm	<b>Grassmarket Community Project.</b> Only in August at this location, central church 2 west tollcross Edinburgh. EH3 9BP Sit down meal.	Free
Monday	6pm - 6.30pm	<b>World Care Foundation: Free Food for Needy.</b> Junction of North Bridge & the Royal Mile. Vegetarian hot food table. Start serving at 6pm until the food is all gone.	Free
Monday to Sunday	3pm-4pm & 9pm	<b>Union of Genius.</b> 8 Forrest Road. 0131 226 4436. They offer free soup and coffee to take away <u>only</u> .	Free
Monday, Wednesday & Saturday	12:30-2pm	<b>Bethany Care Van Lunch:</b> 0131 561 8930. Soup, rolls and hot drinks. Lunchtimes: 12.30pm Market Street 1pm-2pm King's Stables Road, Grassmarket, the Bridges 2pm Leith Walk (north of McDonald Road)	Free
Every Evening	9.00pm-10:30pm	<b>Bethany Care Van Evenings:</b> 9pm Waverley Bridge 9:50-10:30pm King's Stables Road, Grassmarket, the Bridges	Free
Every day <u>except for</u> Thursday & Saturday	3:45pm-4:45pm	<b>Missionaries of Charity:</b> 18 Hopetoun Crescent. 0131 556 5444. Dinner served every day. Start serving at 4.00pm until the food is all gone.	Free
Monday-Friday	9am-10am & 12-12.45pm	<b>Salvation Army:</b> Niddry Street 0131 523 1060. Hot breakfast and lunch available. They are open between 9.00am-1.00pm.	Breakfast £1.25 & Lunch £1.00
Monday-Friday	9am-12pm & 2pm-3pm	<b>Social Bite.</b> 0131 220 8206. 131 Rose Street and 89 Shandwick place. Any food depending on money donated by customers in the jars. Food given out when they close at <u>3.30pm</u> .	Free
Monday	3pm-4pm	<b>Social Bite/Home:</b> Must phone and pre book in advance for a two course meal 0131 220 8206	Free
Tuesday	4.00pm-5.30pm	<b>Social Bite Suppers:</b> Shandwick Place. Hot food. 0131 220 8206.	Free
Wednesday	4pm-5:30pm	<b>Social Bite:</b> Women Only . 131 Rose Street	Free
Wednesday	6pm-8pm	<b>Guru Nanak's Free Kitchen.</b> 07917 563 202. Free vegetarian meals. Asian & Western cuisine. Location is opposite the church at the corner of North Bridge & Royal Mile (Tron Church)	Free
1 <sup>st</sup> Wednesday of the month	7pm-9pm	<b>Destiny Church Edinburgh.</b> 12 Casselbank Street, Edinburgh, EH6 5HA. Soups, bangers and mash, etc. 0131 555 2707.	Free

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Thursday	3:30pm-4:30pm	<b>Destiny Church Edinburgh.</b> 12 Casselbank Street, Edinburgh, EH6 5HA Self-Referral Food Bank	Free
Thursday	4pm-5pm	<b>Destiny Church Edinburgh.</b> 52 Gorgie Rd, Edinburgh EH11 2NB. Self-Referral Food Bank	Free
Thursday	5.30pm-6pm	<b>South Leith Parish Church:</b> 6 Henderson Street 0131 554 2578. Distribution of bags of food from the main entrance: tins of soup, tins of potatoes, sweets, etc.	Free
Saturday	8.20am-2pm	<b>Old St Pauls,</b> 63 Jeffrey Street, EH1 1DS. Breakfast and lunch (porridge, soup, sandwiches).	Free
Saturday	5.30pm-7pm	<b>St Paul's and St Georges Church,</b> at the corner of York Place. 0131 556 1335. Meal given. Queuing service: 1 <sup>st</sup> come 1 <sup>st</sup> served basis so they advise to be there at 5.30pm.	Free
Sunday	8.30am-9.30am	<b>Carrubbers Christian Centre:</b> 65 High Street 0131 556 2626. Breakfast service: rolls, pies.	Free
Sunday	9.30am-10.00am	<b>South Leith Parish Church:</b> 6 Henderson Street 0131 554 2578. Breakfast, soup. Possibility to take away some food.	Free
Sunday	9:30-12:30	<b>Jericho Kirk O' Field Church</b> 140 Pleasance Soup Kitchen	Free